



## Lower School Classes

Unless otherwise specified, rising Grades 1-5

## Upper School Classes

Rising Grades 6-12

<b>9:30-10:30 AM</b>	Therapies and Tutoring	IDEAL teachers and therapists available to schedule 1:1 appointments for virtual sessions (open to IDEAL students only)	
<b>10:30 AM-12 PM</b>	Theme-based Learning	<p><b>Please select one option from the activities below:</b></p> <p><b>Kickstart Kindergarten</b> (Incoming IDEAL kindergarten students only) -Ms. Stuart</p> <p><b>The Choice is Yours: World Traveler or Animal Expert!</b> -Mr. Dooley</p> <p><b>Screenwriting</b> -Ms. Wing</p> <p><b>Introduction to Game Making with Scratch</b> -Ms. D. Kogan</p> <p><b>Lights, Camera, Action! Stop-Motion Clay Movie Making</b> -Ms. Roper</p>	<p><b>Please select one option from the activities below:</b></p> <p><b>IDEAL Sports Camp</b> -Mr. Feist and Mr. Plunkett</p> <p><b>Around the World in Ten Days!</b> -Ms. Leonardo</p> <p><b>So You Think You Can Cook: A Teenager's Guide to Cooking and Eating</b> -Ms. Thompson-Brett</p> <p><b>Multidisciplinary Art Exploration: In-Depth and Personal</b> -Ms. Estrin</p> <p><b>Grimm to Disney: Re-Imagining Fairytales</b> -Ms. Nappi</p> <p><b>Who Wants to Be a Millionaire?</b> -Ms. Corneau and Ms. Brown</p>
<b>12-1 PM</b>	Lunch/ Therapy/ Tutoring Block (choose 1)	<p><b>Lower School Lunch Bunch Games</b></p> <p><b>Occupational and Speech Therapies (30 minutes) or Tutoring (1 hour)</b> -IDEAL teachers, therapists (open to IDEAL students only)</p>	<p><b>Upper School Jumpstart--Harry Potter Lunch</b></p> <p><b>Occupational and Speech Therapies (30 minutes) or Tutoring (1 hour)</b> -IDEAL teachers, therapists (open to IDEAL students only)</p>



## Lower School Classes

Unless otherwise specified, rising Grades 1-5

## Upper School Classes

Rising Grades 6-12

1-2:30 PM	Arts Block	<p><b>Please select one option from the activities below:</b></p> <p><b>Musical Makers</b> -Ms. Digges and Ms. Knechel</p> <p><b>Multidisciplinary Art Exploration: A Deep Dive</b> -Ms. Estrin</p> <p><b>Summer Newsletter</b> (Grades 3-5) -Ms. Madoff and Ms. Spector</p>	<p><b>Please select one option from the activities below:</b></p> <p><b>Long-Form Improv: Game and Character Creation</b> -Ms. Seymour</p> <p><b>What Moves You? Hip Hop/Jazz Dance and Movement</b> -Ms. J. Kogan</p> <p><b>Introduction to Programming with Python</b> -Ms. D. Kogan</p> <p><b>Creative Writing Workshop</b> -Mr. Plunkett</p> <p><b>Sew Cool! Soft Sculpture or Pillow Creation</b> -Ms. Roper</p> <p><b>Let's Talk Podcasts</b> -Ms. Garza</p>
3-4:30 PM	Therapy and Tutoring Block (IDEAL students only)	<p><b>Let's Move It, Move It!</b> -Ms. Alaimo and Ms. Schneider* (Mondays and Wednesdays)</p> <p><b>Fun with Fine Motor</b> -Ms. Alaimo and Ms. Schneider* (Tuesdays and Thursdays)</p> <p>IDEAL teachers and therapists are available to schedule 1:1 appointments for virtual sessions</p> <p>*Pending return from family leave</p>	<p><b>Summer Social FUN-damentals</b> -Ms. Corneau and Ms. O'Halloran</p> <p><b>Creative HeARTS!</b> -Ms. Iyer and Ms. Brown (Tuesdays and Thursdays)</p> <p>IDEAL teachers and therapists available to schedule 1:1 appointments for virtual sessions</p>
Evening	7-9 PM	<b>Free Monday Night Movie</b> (June 29 and July 6 only)	<b>Free Monday Night Movie</b> (June 29 and July 6 only)



## COURSE DESCRIPTIONS

### Therapies and Tutoring, 9:30-10:30 AM

#### 1:1 Appointments

##### **Individual Therapy Session** (Grades 1-12)

*IDEAL therapists*

Students will engage in 30-minute 1:1 occupational or speech and language therapy sessions. We cannot guarantee that students will be matched with their OT or SLP from this year.

##### **Tutoring: Academic Skills** (Grades 1-12)

*IDEAL teachers*

Students who need additional targeted work can meet with tutors on a 1:1 basis or in leveled small groups. Available to Lower School students in math, reading, and writing, to Middle School students in literacy, and Upper School in Spanish. All sessions will incorporate fun games and activities that focus on gaining new skills and fostering a love of learning. Each session is 1 hour.

Individual therapies and tutoring are only available to current IDEAL students. To register, email [summercamp@theidealschool.org](mailto:summercamp@theidealschool.org).

### Theme-Based Learning, 10:30 AM-12 PM

#### LOWER SCHOOL

##### **Kickstart Kindergarten** (Incoming IDEAL kindergarten students only)

*Ms. Stuart*

IDEAL kindergarten teacher Melanie Stuart will work with students to kickstart their kindergarten experience. Students will sing songs, read stories, and get to know some of their new classmates. Each day, the class will meet an IDEAL school community member so that they will see some familiar faces at school on their first day in September. The class will explore a variety of fun topics together as they learn, grow, and prepare for their first year at IDEAL. Students with a grown-up are welcome to join for two weeks of IDEAL fun! *This class is only available to incoming IDEAL kindergarten students.*

##### **The Choice is Yours: World Traveler or Animal Expert!** (Grades 1-5)

*Mr. Dooley*

Over two weeks, participants will become experts in the field of their choice while collaborating with Upper School students. Students will have the opportunity to virtually travel the world--exploring famous landmarks, languages, and cultures--beginning with New



## COURSE DESCRIPTIONS

York City. If sightseeing is not their cup of tea, students with an interest in animals will check out virtual zoos, safaris, and aquariums around the world to become an animal expert!

### **Screenwriting** (Grades 1-5)

*Ms. Wing*

Who loves movies? In this class, students will learn how to write a movie script! As a class, participants will determine a topic of interest and create characters. Students will learn how to delicately and intricately weave storylines together to create a movie to present to their friends and families!

### **Introduction to Game Making with Scratch** (Grades 1-5)

*Ms. D. Kogan*

Participants will use modular building blocks in [Scratch](#) to program their own video games! Students will learn the basics of computer science (if statements, loops, and variables). In the first week, the class will write a series of basic programs. In week two, students will embark on a custom project using those skills.

### **Lights, Camera, Action! Stop-Motion Clay Movie Making** (Grades 1-5)

*Ms. Roper*

Participants will learn about character development and story arc and write their own short story script. The class will then delve into the world of claymation! Students will create clay characters and a miniature set and film a stop motion animation using an app to create their very own miniature production.

Materials needed (cost estimate \$30):

- Sculpey brand clay in any colors
- Shoe box, cardboard box, or found materials for the set
- Construction paper
- Glue (any kind)
- Device that can download app and take pictures
- Free app--Stop Motion Studio
- Pencil and paper

## UPPER SCHOOL

### **IDEAL Sports Camp**

*Mr. Feist and Mr. Plunkett*

The IDEAL virtual Sports Camp is designed to keep kids active both mentally and physically, promote team building, and help prepare them for the APEX Sports Program in the fall. The course will include:



## COURSE DESCRIPTIONS

- One-hour pre-recorded or live workout (optional with parent supervision): Workouts are full-body with a focus on sports applications. No equipment is necessary, just a ready body. Workouts change every day, each with a different sport in mind
- Students will learn and review basic and complex concepts about the sport of the day, followed by a Jeopardy game to reinforce the concepts and to enhance team-building
  - Monday: Basketball
  - Tuesday: Football
  - Wednesday: Baseball
  - Thursday: Soccer
  - Friday: Review of all sports

### **Around the World in Ten Days!**

*Ms. Leonardo*

Virtual travelers will explore locations such as volcanoes in Hawaii, the Great Wall of China, and the Eiffel Tower from the comfort of their own homes. Participants will have an opportunity to explore numerous historical landmarks and cultures, often collaborating with Lower School students. The journey will begin by learning a little about a country's history and language, some fun and interesting facts, and then the class will dive in for a visit.

### **So You Think You Can Cook: A Teenager's Guide to Cooking and Eating**

*Ms. Thompson-Brett*

In this class, budding chefs and authors will work collaboratively to select recipes, then design, organize, and lay out a no-fail cookbook for teens. Recipes will be selected based on the adolescent palate as well as ease of assembly and cooking. Students will choose images and fonts, then write and edit the final product. As a culminating project, the Student Test Kitchen will select and cook three of their choices simultaneously via Zoom.

### **Multidisciplinary Art Exploration: In-Depth and Personal**

*Ms. Estrin*

Participants will learn and explore different materials and styles of creative self-expression, and produce their own mixed media artwork! The class will focus on various visual art and movement techniques, such as dance, drawing, collage, and sculpture. Students will engage in group instruction and produce individual in-depth projects in both disciplines, one per week, incorporating all of their studies. Each class will begin with a 20-minute movement-based practice, followed by a 5-10 minute guided meditation to transition to a 30-minute art class, then 30 minutes of work on in-depth projects. Students will also produce and share an artist statement, which will be included in the final virtual exhibition of their work.



## COURSE DESCRIPTIONS

### **Grimm to Disney: Re-Imagining Fairytales**

*Ms. Nappi*

In this course, participants will study how various storytellers have changed or updated classic fairy tales and legends. From Disney's *The Descendants* to ABC's *Once Upon A Time*, fairytale retellings are a growing part of today's pop culture and media. The class will examine how and why storytellers update classic fairy tales. Then, the class will read some of the original, spookier versions of fairytales to find the ways they have been reimagined for today's audiences. Participants will also have the opportunity to create their own fairytale twist in the form of a short story, poem, screenplay, comic, video-game concept, movie trailer, or another format of their choice!

### **Who Wants to Be a Millionaire?**

*Ms. Corneau and Ms. Brown*

While participants won't learn the secret of how to be a game show winner, this class will provide them with career-preparedness tools to set them on a path to million-dollar success! In this course, students will participate in interactive, engaging lessons and activities, including exercises centered around self-discovery, to formulate their own brand. Students will learn the foundations of resume writing, interview skills, public speaking, and proper business etiquette to foster confidence and readiness for their future.

## **Lunch and Clubs, 12-1 PM**

### **Lower School Lunch Bunch Games**

Students will play games such as Pictionary, bingo, and charades while enjoying lunch together via Zoom.

### **Upper School Jumpstart--Harry Potter Lunch**

Students will listen to a read-aloud of *Harry Potter and the Sorcerer's Stone* while eating lunch together via Zoom.

### **Individual Therapy Session (Grades 1-12)**

*IDEAL therapists*

Students will engage in 30-minute 1:1 occupational or speech and language therapy sessions. We cannot guarantee that students will be matched with their OT or SLP from this year.

### **Tutoring: Academic Skills (Grades 1-12)**

*IDEAL teachers*

Students who need additional targeted work can meet with tutors on a 1:1 basis or in leveled small groups. Available to Lower School students in math, reading, and writing, to Middle



## COURSE DESCRIPTIONS

School students in literacy, and Upper School in Spanish. All sessions will incorporate fun games and activities that focus on gaining new skills and fostering a love of learning. Each session is 1 hour.

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### Arts Block, 1-2:30 PM

#### LOWER SCHOOL

##### **Musical Makers** (Grades 1-5)

*Ms. Digges and Ms. Knechel*

Get your body moving and sing your heart out! This course will explore contemporary musical theatre songs to build performance skills and confidence. The class will learn the music and choreography for two musical theatre songs and then will showcase what they've learned in a video at the end of the course. No theatre experience is required, just a willingness to learn!

##### **Multidisciplinary Art Exploration: A Deep Dive** (Grades 1-5)

*Ms. Estrin*

Participants will learn and explore different materials and styles of creative expression, and create their own mixed media artwork! The class will focus on various art and movement techniques, such as dance, drawing, collage, and sculpture. Students will focus on theme-based group instruction and produce individual deep dive projects in both disciplines, one per week, incorporating all of their studies. Students will begin each class with a 20-minute movement-based practice, followed by a 5-10 minute guided meditation to transition to a 30-minute art class, then 30 minutes of work on their deep dive project.

##### **Summer Newsletter** (Grades 3-5)

*Ms. Madoff and Ms. Spector*

This group will engage in activities to promote language and executive functioning skills. Students will have the opportunity to collaborate in order to create a weekly newsletter to update the camp community on the topics of their choice (updates on NYC, what students have been doing at home during the quarantine, etc). IDEAL therapists will focus on aiding students with sentence structure, editing, and overall project organization.



## COURSE DESCRIPTIONS

### UPPER SCHOOL

#### **Long-Form Improv: Game and Character Creation**

*Ms. Seymour*

In this class, students will learn "game," the fundamental pattern building technique of improvisers everywhere. They will learn to follow the game, heighten their interactions, and create fully-improvised comedic scenes. They will then use what they have learned about "game" to develop comedic character monologues that will have their audiences rolling in the aisles.

#### **What Moves You? Hip-Hop/Jazz Dance and Movement**

*Ms. J. Kogan*

Participants will enjoy a two-week exploration of movement and dance! In the first week of the program, students will explore different styles of dance, such as jazz, hip hop, and modern, and learn choreographic techniques through games and activities. Each class will begin with a warm-up, then learn basic moves from the day's style, learn a short movement phrase based on that style, and end with a short yoga session to recenter their minds and bodies. In week two of the program, students will spend time choreographing their own dances in small groups based on the style of dance that most interests them. These short dances will be presented at the end of the program.

#### **Introduction to Programming with Python**

*Ms. D. Kogan*

Students will learn the basics of computer science with [Python](#). Students will leave with an understanding of basic principles and will have created a simple program of their choosing (ex: rock paper scissors game, text-based adventure, to-do list).

#### **Creative Writing Workshop**

*Mr. Plunkett*

This workshop is designed to aid students in their creative expression and to hone their writing skills. Students will read and evaluate the effectiveness of various styles of fiction. As a class, participants will workshop their peers' writing and practice giving and accepting constructive feedback. Vocabulary development, creative writing techniques, and grammar skills will be explored. The class will write and workshop short stories and poems to complete a final portfolio.





## COURSE DESCRIPTIONS

### **Sew Cool! Soft Sculpture or Pillow Creation**

*Ms. Roper*

Participants will learn about soft sculpture artists, pattern making, threading a needle, and different kinds of stitches. Students will design their own soft sculpture or pillow and sew their creation into reality. Materials needed (cost estimate \$40):

- At least 10 pieces of 9"x11" felt in any colors
- At least 5 skeins of embroidery thread in any colors
- At least one embroidery needle, at least 10 pins, and pin cushion
- Stuffing--can be polyfill or upcycled old stockings, socks, t-shirts, etc.
- Blank paper, preferably cardstock
- Sharpie
- Scissors

### **Let's Talk Podcasts**

*Ms. Garza*

For those who have listened to a podcast and thought, *I can do that*, now's the time to learn! In this course, participants will support each other in creating our own podcasts, complete with original content. Students will have a chance to talk about topics that are interesting to them while learning how to fine-tune their story-telling skills.

## **Therapy and Tutoring Block, 3-4:30 PM**

(Open to IDEAL students only)

### **Individual Therapy Session** (Grades 1-12)

*IDEAL therapists*

Students will engage in 30-minute 1:1 occupational or speech and language therapy sessions. We cannot guarantee that students will be matched with their OT or SLP from this year.

### **Tutoring: Academic Skills** (Grades 1-12)

*IDEAL teachers*

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## COURSE DESCRIPTIONS

### **Let's Move It, Move It!** (Grades 1-5)

*Ms. Alaimo and Ms. Schneider\**

This occupational therapy group will focus on fun ways to increase movement! Summer is a time for learning through play and that is just what we will do! Through therapeutic games and activities, students will explore relaxation techniques and sequential movements aimed to improve bilateral coordination, gross motor skills, and overall body awareness! All activities will be play based and students will work with their peers to promote a fun social environment. Each student will develop an individualized movement routine that utilizes their own abilities while also challenging them to try new activities. Over the two weeks, students will work to create a final video and/or picture guide of their own personal movement strategies to carry over all summer long.

*This class meets only on Mondays and Wednesdays from 3-4 PM. Participants must be able to attend all four sessions.*

### **Fun with Fine Motor** (Grades 1-5)

*Ms. Alaimo and Ms. Schneider\**

This occupational therapy group will focus on FUNCTIONal ways to strengthen fine motor skills. Through therapeutic games, activities, and exercises, students will work on the strength and coordination skills necessary to engage more fully in writing, typing, and daily living activities (buttoning, zipping, opening jars, etc.). Activities will incorporate play to address a variety of muscle groups and positioning techniques to maximize improved engagement across all areas of daily life. Over the course of two weeks, students will create a fine motor photo guide of their own personal exercises to carry over all summer long.

*This class meets only on Tuesdays and Thursdays from 3-4 PM. Participants must be able to attend all four sessions.*

### **Summer Social FUN-damentals** (Grades 6-12)

*Ms. Corneau and Ms. O'Halloran*

This fun, interactive social group offers a safe environment where participants will work together to fortify students' social and emotional toolkits. This course will focus on key skills such as making great first impressions, self-advocacy, being a good friend, and social communication for all realms of life. Through interactive activities, social language-based games, and role-play exercises, students will gain confidence, acquire valuable life skills, and learn how to navigate the trickiest of social situations using their communication skills, all while having fun!

\*Pending Ms. Schneider's return from family leave



## COURSE DESCRIPTIONS

### **Creative HeARTS! (Grades 6-12)**

*Ms. Iyer and Ms. Brown*

This small group will explore using art as an occupation. Students can use these skills for leisure and to build higher-level visual perceptual, visual motor, and fine motor skills.

Activities will include origami, collaging/vision boards, digital art, and more.

*This class meets only on Tuesdays and Thursdays from 3-4 PM. Participants must be able to attend all four sessions.*

### **Free Monday Night Movies, 7-9 PM**

Come enjoy a movie together on Monday, June 29, or Monday, July 6. Participation is free of charge to all IDEAL students, faculty, and families, as well as all camp participants, just register to reserve your spot in the Zoom!



## Camp IDEAL Fee Chart

This chart contains the final costs of the program in different combinations.

<b>Half Day</b> Morning (10:30 AM-12 PM) OR Afternoon (1-2:30 PM)	\$450/2 weeks
<b>Half Day with Lunch</b> Morning (10:30 AM-1 PM) OR Afternoon (12-2:30 PM) with Lunch (Lunch is from 12-1 PM)	\$600
<b>Full Day</b> Morning (10:30 AM-12 PM) AND Afternoon (1-2:30 PM)	\$800
<b>Full Day with Lunch</b> Morning (10:30 AM-12 PM) WITH Lunch (12-1 PM) AND Afternoon (1-2:30 PM)	\$900
<b>Lunch Group (only)</b> 12-1 PM	\$200
<b>Therapy (30 minute session)</b>	\$75
<b>Tutoring (60 minute session)</b>	\$100



## Discount Chart

<b>Children of IDEAL Faculty</b>	50% off order
<b>Half Day with Lunch</b>	Original Cost: \$650 Final Cost: \$600 Discount: \$50
<b>Full Day</b>	Original Cost: \$900 Final Cost: \$800 Discount: \$100
<b>Full Day with Lunch</b>	Original Cost: \$1,100 Final Cost: \$900 Discount: \$200